Abstract of the Disclosure

A sublimation thermal transfer recording medium and a thermal transfer recording method that can remove background stain and the like, and can realize gradation printing with good accuracy and high correlation between the applied heat quantity and the coloring density are provided. The sublimation thermal transfer recording medium includes a base sheet having formed on one surface thereof a number of thermal transfer dye layers having different hues in planar sequence one another. The thermal transfer dye layers contain a phenoxy resin as a main component of a binder resin, and contain a block copolymer silicone resin. The silicone resin preferably includes an amount of Si that ranges from 5% to 30% by weight, and a mixing ratio of a resin material and the silicone resin is preferably from 99:1 to 70:30.